

# August 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17 Chicken Parmesean w/ Yellow Rice or Chef Salad	18 Pizza	19 Beef Burrito, Cheese Nachos, pudding or Chicken Salad	20 Spaghetti and Meatballs, mixed veggies or Turkey Wrap	21
22	23 Hot Wings, Chicken Nuggett Mac & Cheese or Meatball Sand	24 Shredded Pork, Mashed Potatoes or Chicken Sand	25 Pizza	26 Cheeseburger Baked Fries or Taco Salad	27 Imperial Rice with Salad or Tuna Salad	28
29	30 Lasagna with veggies and ice cream or Turkey Wrap	31 Baked Potatoe, Side Salad or tuna Salad				