

February 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Chicken sand. W/ veg. & fresh fruit Ham salad w/ chips	2 Picadillo over white rice, fresh fruit and bread Turkey wrap w/ chips	3 PIZZA	4 Hamburger w/ French fries and fresh fruit Tuna salad w/ chips	5 Chicken & Ham fried rice w/ steamed veg. Chicken salad w/ chips	6
7	8 Lasagna w garlic bread and fresh fruit Garden salad w/ chips	9 Pork roast with mashed and veg. Turkey wrap w/chips	10 PIZZA	11 BBQ sand. w/ salad & fresh fruit Chicken salad w/ chips	12 Chicken alfredo over pasta w/ side salad & oranges Loaded baked potatoes	13
14	15 NO SCHOOL	16 Rice Imperial w/ side salad & plan- tains Ham & Cheese sand. w/ chips	17 PIZZA	18 K—3gr chic. Nug- gets, 4th---high scool hot wings w/ mac& ch Turkey Wrap w/ chips	19 Fish sticks w/ mac & cheese w/ fruit Chicken salad w/ chips	20
21	22 Baked Ziti w/ side salad & garlic bread Taco Salad	23 Baked chicken legs w/ yellow rice & veg. Tuna salad w/ chips	24 PIZZA	25 Chicken burritos w/ nacho chips Ham & cheese sand. w/ chips	26 Picadillo over over white rice w/ salad Loaded baked pota- toes	27
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